

EARLY BIRD SPECIAL:

**REGISTER AND COMPLETE PAYMENT BEFORE 31
JANUARY 2020 TO PURCHASE THE WHOLE COURSE
AT THE 2019 PRICE OF ONLY R6800**

TREATING THE EMOTIONAL EATER

Working with disordered eating and eating disorders can be a daunting, overwhelming but ultimately hugely rewarding experience. A person's behaviour around food has deep roots that need to be acknowledged and understood, before that behaviour can change. The interplay between psychology and nutrition is a complex one. This course will give you a fuller understanding of the dynamics around food, eating and body image as well as skills in the treatment process. In this one-of-a-kind, recently updated evidence-based course, Janet Earl (clinical psychologist) and Julie Deane-Williams (clinical dietitian) bring their near 3 decades of experience in treating disordered eating and eating disorders to a fully accredited online training course.

6TH APRIL -31ST DECEMBER 2020

**MODULES 1-2: FOUNDATIONAL
COURSE R2375 (12 CPD PTS)**

**MODULES 3-4: BULIMIA NERVOSA AND
BINGE EATING DISORDER R3025
(18 CPD PTS)**

**MODULES 5-6: ANOREXIA NERVOSA R3025
(MODULES 1-4 ARE A PRE-REQUISITE)
(18 CPD PTS)**

**MODULES 1-6: (WORTH R8425, ONLY
R7500)**

REGISTER ON WWW.CPDDIRECT.CO.ZA

FOR MORE DETAILS CONTACT JULIE@MINDINGTHEFOODSPACE.CO.ZA

OR VISIT WWW.MINDINGTHEFOODSPACE.CO.ZA

